

**LIFEGUARD
TRAINING
WINTER/SPRING
2024
IN GOLD RIVER, BC**

BRONZE MEDALLION

WHEN: **FEBRUARY 9** **10 - 6 PM**
 FEBRUARY 10 **10 - 6 PM**
 FEBRUARY 11 **10 - 6 PM**

PRICE: **\$170.00**

BRONZE CROSS

WHEN: **APRIL 13** **10 - 6 PM**
 APRIL 14 **10 - 6 PM**
 APRIL 20 **10 - 6 PM**

PRICE: **\$170.00**



**STANDARD FIRST AID
WITH CPR C & AED**

WHEN: **FEBRUARY 24** **9 - 5:30 PM**
 FEBRUARY 25 **9 - 5:30 PM**

PRICE: **\$140.00**

NATIONAL LIFEGUARD - POOL

WHEN: **MAY 11** **9 - 6:30 PM**
 MAY 17 **9 - 6:30 PM**
 MAY 18 **9 - 6:30 PM**
 MAY 19 **9 - 6:30 PM**
 MAY 20 **9 - 6:30 PM**

PRICE: **\$475.00**

**WANT TO BECOME A
LIFEGUARD?**

**ALL COURSES TAKE PLACE AT THE
ANNE FIDDICK AQUATIC CENTRE - 350 MUCHALAT DRIVE
AND REQUIRE PRE-REGISTRATION**

**GOLD
RIVER**

**THE VILLAGE OF GOLD RIVER WILL BE OFFERING ALL THE COURSES
TO BECOME A NATIONAL LIFEGUARD
FROM FEBRUARY TO MAY 2024
AT THE ANNE FIDDICK AQUATIC CENTRE IN BEAUTIFUL GOLD RIVER**

BRONZE MEDALLION

TEACHES AN UNDERSTANDING OF THE LIFESAVING PRINCIPLES EMBODIED IN THE FOUR COMPONENTS OF WATER RESCUE EDUCATION: JUDGMENT, KNOWLEDGE, SKILL AND FITNESS. RESCUERS LEARN ADVANCED LIFESAVING TECHNIQUES FOR CHALLENGING RESCUES OF INCREASED RISK INVOLVING CONSCIOUS AND UNCONSCIOUS VICTIMS IN VARYING WATER DEPTHS.

BRONZE CROSS

DESIGNED FOR LIFESAVERS WHO WANT THE CHALLENGE OF MORE ADVANCED TRAINING, INCLUDING AN INTRODUCTION TO SAFETY SUPERVISION. AS THE LIFESAVING SOCIETY'S ASSISTANCE LIFEGUARD PROGRAM, BRONZE CROSS HONES JUDGMENT, KNOWLEDGE, SKILL AND FITNESS TO PREPARE CANDIDATES FOR SUCCESS IN NATIONAL LIFEGUARD (NL) AND INSTRUCTOR CERTIFICATIONS.



STANDARD FIRST AID & CPR-C

PROVIDES COMPREHENSIVE TRAINING COVERING ALL ASPECTS OF FIRST AID, CPR AND AED USE! WHETHER YOU NEED TRAINING FOR EMPLOYMENT OR SIMPLY WANT TO BE PREPARED TO RESPOND TO LIFE-THREATENING EMERGENCIES, THIS COURSE WILL GIVE YOU THE SKILLS AND KNOWLEDGE TO ACT WITH CONFIDENCE.

NATIONAL LIFEGUARD

THE PRIMARY ROLE OF A LIFEGUARD IS TO PREVENT INCIDENTS AND, WHERE THIS FAILS, THE TIMELY AND EFFECTIVE RESOLUTION OF EMERGENCIES. NATIONAL LIFEGUARD BUILDS ON THE PREVIOUSLY LEARNED LIFESAVING PRINCIPLES AND IS DESIGNED TO PREPARE CANDIDATES TO BE PROFESSIONAL FACILITATORS OF SAFETY IN AQUATIC ENVIRONMENTS.