

ENJOY THE TRAILS SAFELY & RESPECTFULLY

LEAVE NO TRACE

Pack out what you pack in - that includes everything from your orange peels to your dog's waste bags.

Leave natural objects such as antlers, rocks, wildflowers, etc. where you found them, so they can continue to play their part in the ecosystem.



KEEP YOURSELF & WILDLIFE SAFE

Animals big and small call our trail system home. To avoid conflicts, follow these safety tips:

- Travel in groups and supervise children.
- Keep your dogs nearby and under your control.
- Make noise while travelling on the trails.
- Stay alert for wildlife; do not wear earbuds or headphones.
- Do not feed, touch or approach wildlife.
- Maintain a safe distance (100m or 10 bus lengths) from bears, cougars, and elk.
- Carry bear spray and know how to use it.
- Do not leave food or garbage unattended.
- Avoid travelling the trails during dusk or dawn.

TRAIL ETIQUETTE

Our trail system has routes for bikes and ATVs as well as hikers, so be prepared to share the trails - whatever your preferred mode of transportation.

- Bikers should yield to hikers, ensuring they pass at a safe distance.
- Faster trail users should announce their approach and pass on the left.
- While passing, dog owners should be in control of their pets. Other trail users may be afraid of dogs or unsure how to pass them safely.



The Scout & Antler Lake Recreation Area is maintained by a small group of volunteers called the Gold River Trail Blazers.

USE THE TRAILS AT YOUR OWN RISK.

TATWIN?IT: A LEGACY OF TRADITION AND NATURE

Antler Lake, traditionally known as **tatwin?it**, (plenty of trout), holds significant historical and cultural importance for the Mowachaht/Muchalaht First Nation.

Tatwin?it served as a crucial site for traditional activities including food gathering and hunting.

The appearance of the **qawii** (salmonberry) would signal the start of the **hissit** (sockeye salmon) spawning run in early summer. A staple in the diet of the Mowachaht/Muchalaht people, the salmon runs are also integral to the cultural and spiritual practices of the community. Fishing techniques, knowledge of salmon behaviour, and the seasonal timing of the runs have been passed down through generations, forming a key part of their cultural heritage.

The old growth forest around **tatwin?it** contains culturally modified **humiiis** (red cedar trees).

These **humiiis** exhibit marks of traditional use such as vertical scars from their base, as a result of bark stripping. The process of modifying these trees is carried out with great respect and care, ensuring that the trees remain alive and continue to grow. The **picap** (cedar bark) is then used to create clothing and woven goods such as baskets and mats. This sustainable approach highlights the deep ecological knowledge and reverence for nature held by the community.

You can find these culturally modified trees while enjoying the Antler Lake Loop.

PHOTO BY JODIE GALLANT



SCOUT & ANTLER LAKE RECREATION AREA

The Village of Gold River gratefully acknowledges that we live, work and play on the traditional, ancestral, and unceded territory of the Mowachaht/Muchalaht First Nation.



MOWACHAHT | MUCHALAHT
— FIRST NATION —

EXPLORENootka.com | MMFN.ca

GOLD RIVER

ROOTED IN NATURE

GOLDRIVER.ca

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SCOUT & ANTLER LAKE RECREATION AREA

The area around these two small lakes hosts numerous trails in both old growth and second growth forests. Hit the trails and discover Gold River's ancient cedars and firs, thick blankets of moss, countless species of lichen and beautiful mountain views.

- ANTLER LAKE LOOP** _____ 1HR 20MIN
Two day-use sites with picnic tables, fire rings, pit toilets, opportunities for swimming, boating and fishing. Fishing license required.
- SCOUT LAKE LOOP** _____ 45MIN
Hidden in the undergrowth are the foundation stones of the Scout Cabin, which gave the area its name.
- FIRE RIDGE LOOP** _____ 1HR 30MIN
At the lookout, gaze across the valley to the rock slide and the remnants of a forest fire that swept the mountainside in 2009.
- FOREST WALK** _____ 50MIN (ONE WAY)
Walk through differing stages of second growth forest, grafted trees and a wide variety of west coast fauna.
- ADDITIONAL & CONNECTING ROUTES**
- BIKE ROUTES**
The downhill bike routes you see highlighted on the map are meant for intermediate and expert mountain bikers.
- ATV ROUTES**

- PAVED ROADS
- DIRT/LOGGING ROADS
- VISITOR INFO CENTRE
- PRIVATE PROPERTY
- PARKING
- RESTROOMS
- FUEL
- EV CHARGE STATION
- CLINIC/FIRST AID
- LAKES & RIVERS
- MARSHY AREAS
- TRAIL HEADS
- WAYPOINTS
- >>> DOWNHILL BIKE DIRECTION
- PICNIC SITES
- VIEWPOINT
- BENCH

