

SPRING PROGRAM 2026



SPRING BREAK SWIM LESSONS
MARCH 16 - MARCH 26
\$47.25

**CALL OR STOP BY AQUATIC CENTRE
 TO SIGN-UP**

AQUAFIT



A great low impact fitness program for all ages

MONDAY - FRIDAY 9:15 - 10:15 AM



Parent and Tot Swim





TUESDAYS
10:00 - 12:00
FREE





25m Lane Pool Leisure Pool
Hot tub Sauna
Gym/Fitness Rooms Courts



SPECIAL FREE EVENT

Saint Patrick's Day Movie & Swim

Tuesday, March 17, 2026
 Pool Opens: 5:00 PM
 Movie Starts: 6:00 PM

PAG Popcorn \$1 /Bag
 Crafts, Goodies & Book Grab Bags!!

Tuesday/Thursday



\$8.75 per class

Seniors' **9:15 - 10:15 AM**

FIT & FAB

March 17 - May 14
\$157.50 /18 sessions



**INTERESTED IN BECOMING
 A LIFEGUARD?
 CALL THE AQUATIC
 CENTRE FOR DETAILS
 250-283-2216**

\$152.20/pool party

Pool Parties



Includes: use of kitchen, pool deck with table/chairs
 & admission for the participants



CHAIR YOGA



\$8.75/per class

March 16 - May 13, 2026
Monday/Wednesday
9:15 - 10:15 AM
\$148.75 /17 sessions

GLOW SWIM



Friday March 13th
5:00 - 8:30 PM
 REGULAR ADMISSION RATES APPLY

EARTH DAY PITCH-IN

SATURDAY
APRIL 18TH
MEET AT 10 AM
IN FRONT OF
COMMUNITY HALL



**Community-Wide
 Clean Up**

register at the aquatic centre for all programs unless otherwise stated